



Derma Visage Microdermabrasion AFTERCARE

CONTRA-ACTIONS

(What you may experience after the treatment)

- Flushing of the skin (Erythema)
- Warm skin
- Tingly skin (usually due to products, not peeling)
- Taut skin (worse if not using enough product)
- Minor irritation in specific areas
- Skin prone to flushing later in the day after treatment.
- Residue crystals maybe left on the skin.

AFTER CARE

Although the side effects of Microdermabrasion are minimal there are some essential after care recommendations.

FOR THE FIRST 24 HOURS

- Apply as much moisturizer as is needed.
- Avoid touching the area with unwashed hands
- No heat treatments including saunas, steam, hot baths.
- No Swimming
- No Exercise (sweat can irritate the skin)
- No Perfumed products
- No Tanning products
- No Make up

FOR THE FOLLOWING 7 DAYS

- No Exfoliation
- No Sunbathing or Sunbeds
- Waxing or Threading

FOR THE FOLLOWING MONTH

- Apply a minimum of an SPF 30 or above on the skin a SPF 50 is strongly recommended especially during those Spring and Summer months.
- Avoid products with Retinol.